

## Women's Start List

Lot #	Saturday Session #1	Weigh in: 9:00 AM	Lift:	11:00 AM
8	CrossFit Verve	Addison Kozlow	F	Women's 48 KG
39	Front Range WLC	Erin Arranz Amos	F	Women's 48 KG
1	FRCF	Megan Nichole John	F	Women's 53 KG
21	Flatirons CrossFit	Rosanne Allen	F	Women's 53 KG
48	Flatirons CrossFit	Emily Friedberg	F	Women's 53 KG
82	CrossFit Venture	Natalie Newhart	F	Women's 53 KG
9	Flatirons CrossFit	Danielle Richey	F	Women's 58 KG
32	Flatirons CrossFit	Julie Rappaport	F	Women's 58 KG
40	Front Range WLC	Jacque Tiara Payne	F	Women's 58 KG
46	Flatirons CrossFit	Emily Shangraw	F	Women's 58 KG
60	Colorado Springs Crossfit	Jordan Hoefing	F	Women's 58 KG
69	FRCF	Amaria Parker	F	Women's 58 KG
	Saturday Session #2	Weigh in: 11:00 AM	Lift:	1:00 PM
3	Front Range WLC	Tracy Maceachern	F	Women's 63 KG
13	Flatirons CrossFit	Kim Aldous	F	Women's 63 KG
14	Flatirons CrossFit	Lucinda Parham	F	Women's 63 KG
16	FRCF	Colleen Maher	F	Women's 63 KG
22	Glenwood Springs CrossFit	Makenzie Eshelman	F	Women's 63 KG
23	Glenwood Springs CrossFit	Deanna Spracher	F	Women's 63 KG
25	Flatirons CrossFit	Elizabeth Ann Lazansky	F	Women's 63 KG
33	FRCF	Shannan Simpson	F	Women's 58 KG
42	Front Range WLC	Jessie Humeston	F	Women's 63 KG
50	Colorado Springs Crossfit	Andrea E Searor	F	Women's 63 KG
	Saturday Session #3	Weigh in: 1:00 PM	Lift:	3:00 PM
20	Flatirons CrossFit	Emma Cook	F	Women's 69 KG
41	Front Range WLC	Kristina Lauravel Escobar	F	Women's 69 KG
45	Crossfit RED	Mary Beth Litsheim	F	Women's 69 KG
53	Black Hills Crossfit	Richelle M Kemper	F	Women's 69 KG
57	Front Range WLC	Tiffany Jo Gray	F	Women's 69 KG
85	FRCF	Lo Engquist	F	Women's 69 KG
88	Front Range WLC	Arlene Ward	F	Women's 69 KG
61	CrossFit Park Hill	Denise Allman	F	Women's 75 KG
68	Flatirons CrossFit	Rose Filer	F	Women's 75 KG
86	FRCF	Kristen Olson	F	Women's 75 KG
87	FRCF	Cori Gobell	F	Women's 69 KG

4	Crossfit Unbroken	Teresa Gessner	F	Women's 75 + KG
47	Flatirons CrossFit	Erica Solano	F	Women's 75 + KG
62	Front Range WLC	Kelli Harkins	F	Women's 75 + KG
67	Colorado Springs CrossFit	Alexandra Brown	F	Women's 75 + KG